

# THE ZOO

HEALTH & FITNESS

## GROUP FITNESS TIMETABLE

Effective: January 2012

Trading Hours:

Monday – Thursday: 5am – 9pm

Friday: 5am – 8pm

Saturday: 8am – 6pm

Sunday 9am – 6pm

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:45am						8:15am  	
9:15am		 			 		
10:15am							10:30am 

4:30pm							 
5:30pm			 	 	 		
6:30pm	 	 	 				
7:30pm							